mental health & well-being resources for
FACULTY & STAFF

GO THERE
Break the silence. Break the stigma.

talk to someone today.
learn more: vu.edu/wellbeing
CAMPUS RESOURCES

Equal Opportunity, Affirmative Action, and Disability Services  615.322.4705

Employee Assistance Program
(24-7 availability)  615.936.1327

Metro Nashville Police Emergency  911

Project Safe (sexual violence)
(24-7 availability)  615.322.7233

Religious Life  615.322.2457

Vanderbilt Recovery Support  615.343.4740

VUPD Non-Emergency  615.322.2745

VUPD On Campus Emergency  615.421.1911

BEYOND CAMPUS

Alcoholics Anonymous  615.831.1050

Sexual Assault Center  1.800.879.1999

Crisis Hotline  615.244.7444

Suicide Hotline  1.800.273.8255

Kognito At-Risk Training:
www.kognitocampus.com

For additional resources, including identity-based resources: vu.edu/wellbeing