

Healthcare, Inc.
OLLI
Fall 2023

Course follow up.

Course participants:

I enjoyed developing and presenting Healthcare, Inc. I hope the course met my initial objectives of:

- Understanding the complexities of:
 - The U.S. Healthcare System
 - Medical Industrial Complex
 - Business Models
 - Government Role
- Empower You to take charge of your own healthcare.
- Encourage critical thinking about healthcare issues.

During my research, I learned a lot too.

Thank you for your active class participation and courtesy during the class.

All of the PowerPoints are online as well as recorded presentations are on the Brightspace section of your OLLI account.

For any of you who might like to further your knowledge of the topics we discussed, here are some key websites and books that you might find interesting.

General Info on Healthcare that is very factual data based and has a free newsletter:
Kaiser Family Foundation <https://www.kff.org>

Books on the future of healthcare:

Priced Out: The economics and ethical costs of American healthcare Ewe E. Reinhardt
An American Sickness: How Healthcare Became Big Business and How You Can Take It Back

Elizabeth Rosenthal

We've Got You Covered: Rebooting American Healthcare Amy Finkelstein and Liran Einav

To do research on medical issues:

- Learn all you can from reliable resources
 - NIH Pubmed <https://pubmed.ncbi.nlm.nih.gov>
 - Centers for Disease Control CDC <https://www.cdc.gov/health-topics.html>
 - Mayo Clinic <https://www.mayoclinic.org/diseases-conditions>
 - WebMD <https://www.webmd.com>
- Doctor recommended sites
- Disease-specific sites

- Diabetes <https://diabetes.org>
- Cancer <https://www.cancer.org>
- COPD <https://www.copdfoundation.org>

This was the first time I had taught and presented this course. Any feedback on the content or the presentation would be appreciated. Feel free to email me directly.

Thank You and Keep Healthy as the best way to deal with our healthcare system is not to have to use it.

Steve Lindstrom

SteveLindstrom.TN@gmail.com