

THE FUTURE OF HEALTHCARE IS...

INCLUSIVE

USE DATABASES IN CONTROL GROUPS

STARTS WITH YOU!

WE DON'T HAVE DATA ON LGBTQ+ INDIVIDUALS

WHITER WEALTHIER HEALTHIER TRIAL PARTICIPANT DISPARITIES

WOMEN ARE UNDER-REPRESENTED

IT'S ALL PERSONAL

FAMILIES LIVE MINE DON'T ALWAYS GET THE CHANCE WE DID

OUR PRIVILEGES MAKE CARE EASIER TO ACCESS

REMOVE THE BURDENS ON PATIENTS

PEOPLE OF COLOR HAVE LESS ACCESS TO HEALTHCARE

AI NEEDS GOOD DATA

REAL TIME

OUR PRIVILEGES MAKE CARE EASIER TO ACCESS

CENTERED ON THE INDIVIDUAL

COORDINATION IS KEY

PANDEMIC

FEWER ADVERSE OUTCOMES

CUSTOM-BUILT CLINICAL TRIALS

DEEP UNDERSTANDING

GENETIC INFO

DECENTRALIZED DATA

HIGHLY CUSTOMIZED DATA

TARGETED, EFFECTIVE, and SAFER

PERSONALIZED MEDICINE

MEASURING MEANINGFUL OUTCOMES

PERSONALIZED CLINICAL TRIAL RESULTS

PEOPLE HAVE UNIQUE NEEDS

RECOGNIZING RISKS & PATTERNS

Automation

PERSONALIZED CLINICAL TRIAL RESULTS

MEASURING MEANINGFUL OUTCOMES

CUSTOMIZATION RAISES COMPLEXITY and COST

DATA

BUILD IT AI CAN ADDRESS THE GAPS

INTERROGATE IT

AI NEEDS GOOD DATA

REAL TIME

GLOBAL

INTENSE COLLABORATION BETWEEN REGULATORS

WE CAN MAKE GREAT THINGS HAPPEN!

REAL-WORLD EVIDENCE

LEARN FROM DATA

MACHINE LEARNING

COMMUNICATION WAS KEY

PUBLIC STAKEHOLDER MEETINGS

ALIGNMENT

WE CAN DO THINGS DIFFERENTLY

1.1 MIL VACCINE DOES TO EUROPEANS IN 2021

UTILIZED SOCIAL

OUR EFFORTS PAID OFF!

AI FUTURE PROOF INNOVATION

AI NEEDS GOOD DATA

REAL TIME

THE PANDEMIC IN EUROPE

GLOBAL MINDSET

JOINED FORCES TO COMBAT WAVES OF MISINFORMATION

IN OUR DNA

DIGITAL

TECHNOLOGY HAS MADE MY LIFE SO MUCH EASIER

SO MANY WAYS TO APPLY IT

IT WAS HARD

SCHOOL SET A SPARK IN ME

I RAN WITH IT

LEARNING TO LIVE WITH DISABILITY

TECHNOLOGY WAS NOT THERE

MY RESOURCES WERE LIMITED

CAN'T BE AFRAID OF THE TECH

CONTINUE TO BE MORE INCLUSIVE

INCLUDE PEOPLE LIKE ME

"INSPIRE" DEVICE

CLINICAL TRIALS

IT WAS AMAZING!

REMOTELY EXAMINED

BECAUSE I'M HAPPY!

UP TO US!

Steve's Future View

We are unwilling to talk about 2 things



Have we been asking the right questions?

Current debates:

- Economics
- Constitutional federal-state relations

Which we have covered in our discussion of the
Medical Industrial Complex

At the heart of the debate is really this question:

To what extent should the more fortunate members of society be made to provide care for the less fortunate members of society?

Two ominous long-term trends on the uninsured:

- 1. The rapid growth in the cost of American health care.*
- 2. The growing imbalance in the distribution of income and wealth in this country.*

Source: Priced Out; The Economics and Ethical Costs of American Health Care 2019 Uwe E. Reinhardt

Medicare and Medicaid

Arguments over the economic “sustainability” of Medicare and Medicaid:

We have officially sanctioned a multi-tiered health system:

Quality of health insurance and the health care experience

- Low-income and middle-class
- Uninsured

Don't have to match

- Seniors
- Employed

Are rationed by income class

Different classes and government involvement today

Age, income, company employment, self-employment, disability, service to country

Common thread: none; except government involved in all and significant systems set up to support all the nuances of all these different elements

Medicare

- Payroll taxes
- Retiree contributions
- Taxes
- Gov't sets rates paid to providers
- Basic set of benefits
- Covers all
- Stable
- Competition in MA and Medigap

Medicaid

- General tax revenue
- Matching by states
- States set coverage and eligibility rules
- Changes often
- Covers Disabled, dependent children and mothers, ESRD
- Bureaucratic nightmare

Different classes and government involvement today

Age, income, company employment, self-employment, disability, service to country

Common thread: none; except government involved in all and significant systems set up to support all the nuances of all these different elements

Other federal programs

- FEHBP
- VA
- TriCare -Military
- Public Health
- Indian Health Service
- Paid for by taxes and some employee premiums

• ACA

- Standard plans
- Cost and Profit rules
- 4/5 get subsidy paid by taxes
- Competition

• Uninsured

- Emergency coverage
- Missed revenue covered by increasing hospital costs to all other payors

Different classes and government involvement today

Age, income, company employment, self-employment, disability, service to country

Common thread: none; except government involved in all and significant systems set up to support all the nuances of all these different elements

- **Employer-sponsored plans**
 - Market and regulatory-driven benefits
 - Varying eligibility
 - No pre-existing limits
 - Employer paid
 - Significant federal contribution- tax benefit
 - Deductible to ER/not included to EE
 - FSA and HSA = further tax breaks
 - Competition
 - Market pricing
 - Small and large employers different



The Price of US Healthcare

We have a problem



Drugs

- 9% of Healthcare Cost



RESEARCH
BRIEF

U.S. Prescription Drug Prices Are 2.5 Times Those in Other OECD Countries

THE ISSUE

U.S. prescription drug costs continue to rise, and prior research shows that the United States spends more per capita on prescription drugs than do other Organisation for Economic Co-operation and Development (OECD) nations. While high U.S. drug prices likely play a central role in driving higher U.S. spending on prescription drugs, the last study to systematically compare drug prices in the United States with those of other countries used data that are now over a decade old.

STUDY FOCUS

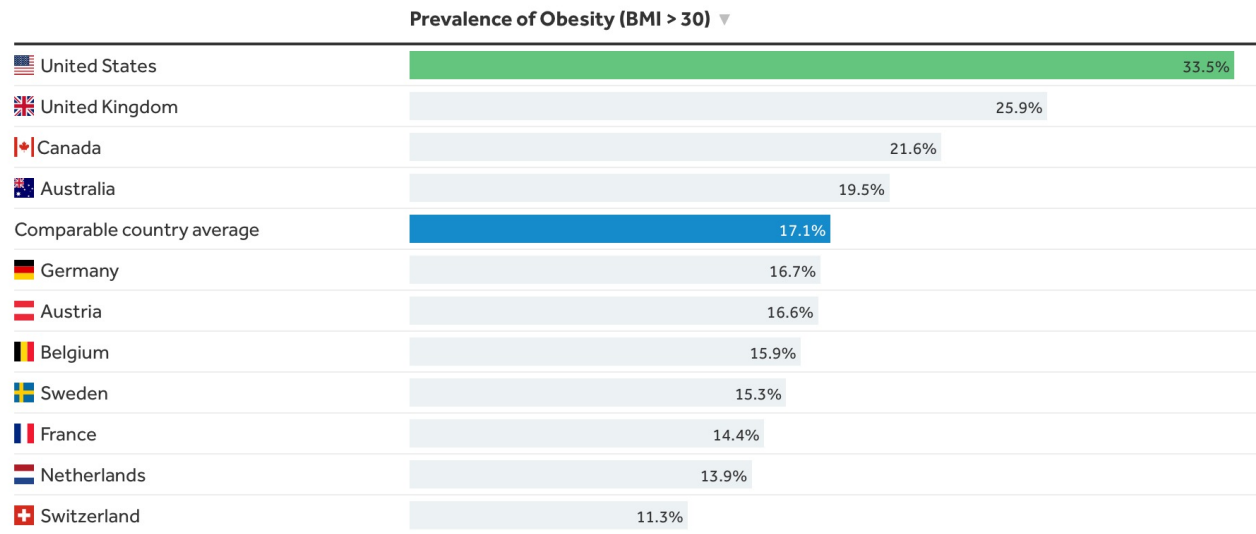
RAND researchers used 2018 prescription drug volume and price data to compare U.S. drug prices with those in 32 other OECD nations, both overall and for specific categories of drugs, such as brand-name and generic medications.

KEY FINDINGS

- U.S. prices were 250 percent of those in the 32 comparison countries combined.
- In comparisons with individual countries, U.S. prices ranged from 170 percent of prices in Mexico to 779 percent of prices in Turkey.
- Brand-name drugs drove the disparity: U.S. prices for this category were 344 percent higher.
- For unbranded generics, U.S. prices were lower than those of other countries—specifically, 84 percent of prices in the comparison

The U.S. has by far the highest rates of obesity among peer nations

Prevalence of obesity (body mass index ≥ 30), age standardized estimates, 2021 or nearest year



Notes: Data are self-reported. Data for Austria and France are from 2019. Data for Belgium is from 2018. Data for Australia and Switzerland are from 2017. Data for Japan were not available.

Source: [KFF analysis of OECD data](#) • [Get the data](#) • [PNG](#)

US Population

BMI > 30

- 2x average
- 50% higher than UK

“Miracle Drugs” work but.... Prices

Ozempic 6.3 x Canada
Wegovy 4x Germany

Mail 8:15 AM Sat Nov 4 healthsystemtracker.org

Peterson-KFF
Health System Tracker Price Transparency Affordability Prescription Drugs SEARCH

List prices are significantly higher in the U.S. than in peer nations

List prices of drugs used for weight loss in the U.S. and peer nations

	▼ Ozempic (semaglutide, injection)	Rybelsus (semaglutide, tablets)	Wegovy (semaglutide, injection)	Mounjaro (tirzepatide, injection)
🇺🇸 U.S.	\$936	\$936	\$1,349	\$1,023
🇯🇵 Japan	\$169	\$69	-	\$319
🇨🇦 Canada	\$147	\$158	-	-
🇨🇭 Switzerland	\$144	\$147	-	-
🇩🇪 Germany	\$103	-	\$328	-
🇳🇱 Netherlands	\$103	\$203	\$296	\$444
🇸🇪 Sweden	\$96	\$103	-	-
🇬🇧 United Kingdom	\$93	-	-	-
🇦🇺 Australia	\$87	-	-	-
🇫🇷 France	\$83	-	-	-

Note: List prices in \$USD based on web searches as of August 15, 2023. Prices are for one-month supply of Ozempic 1mg, Rybelsus 7mg, Wegovy 2.4mg, and Mounjaro 15mg. Some drugs are not available in all countries and prices were unable to be found in other countries. Some drugs are approved for diabetes and prescribed off-label for weight loss.

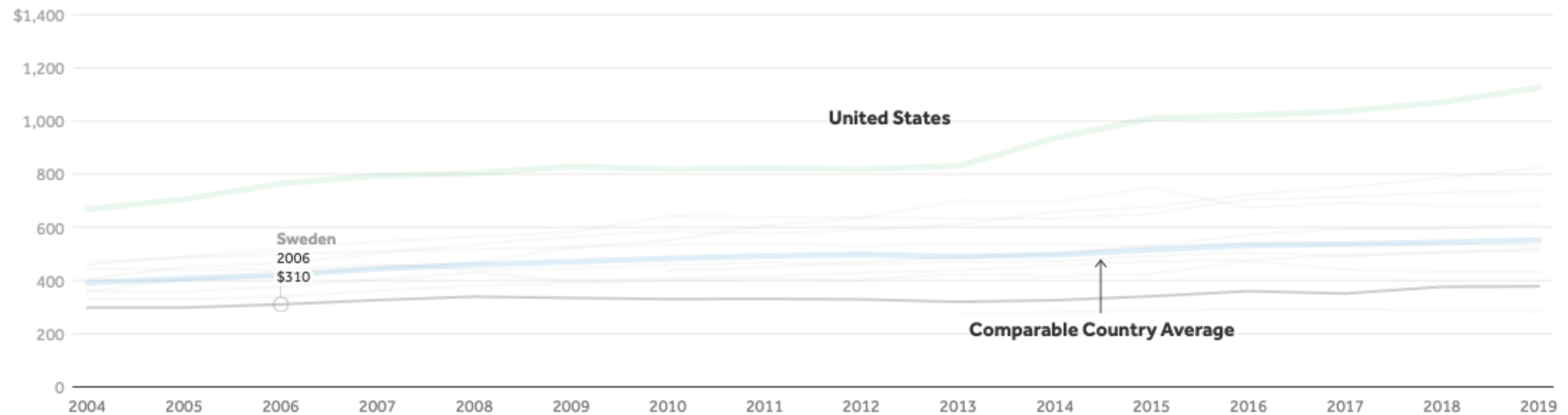
Source: [KFF analysis of country websites \(see Methods section\)](#) • PNG

Peterson-KFF
Health System Tracker

Drugs

9% of Healthcare Cost

Per capita prescribed medicine spending, U.S. dollars, 2004-2019



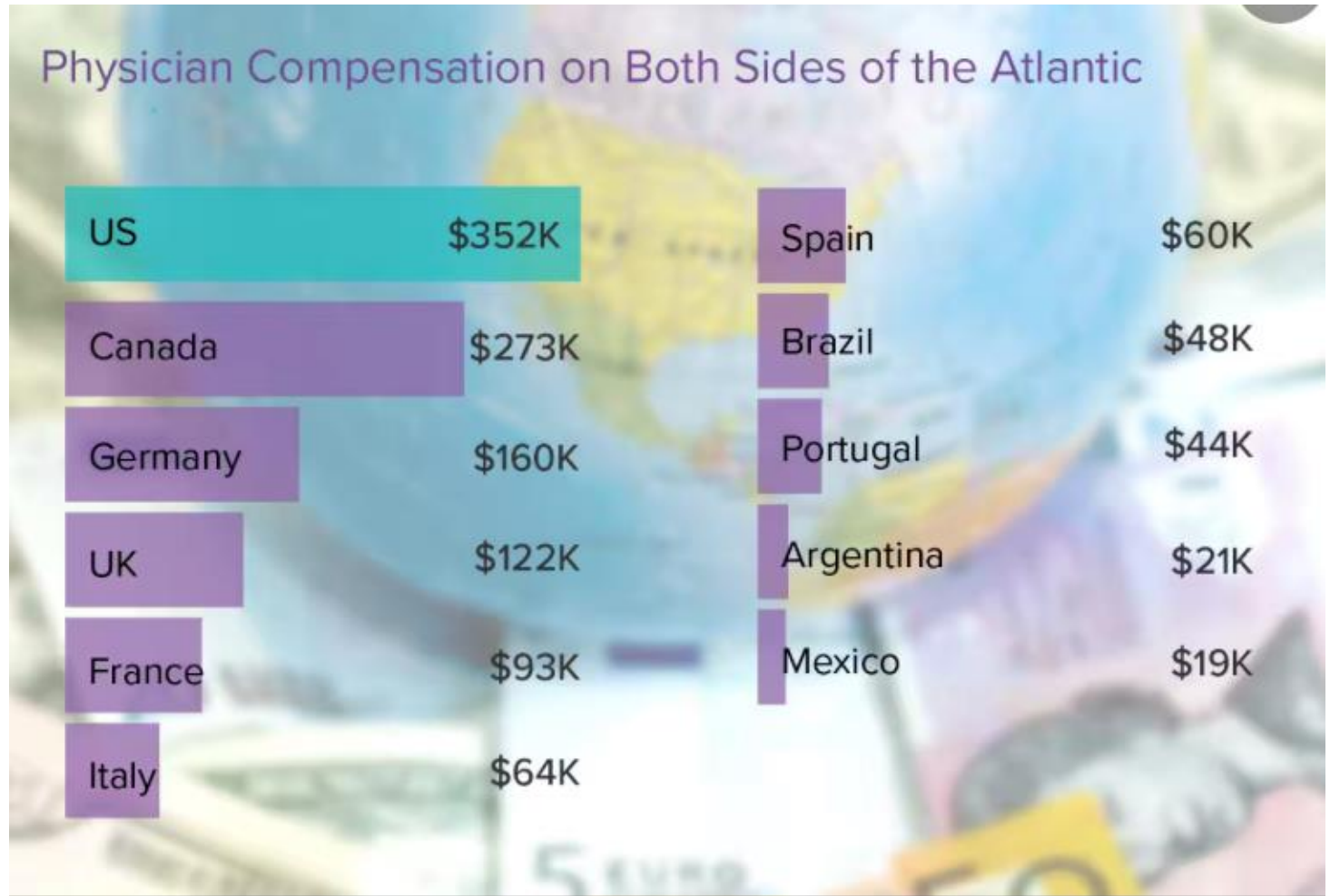
Notes: Data not available for Switzerland (2004-2012); Australia and Japan for 2019 (data from 2018 for these two countries are extrapolated for the 2019 comparable country average). Canada's 2019 value is provisional.

Physicians
15% of Healthcare cost



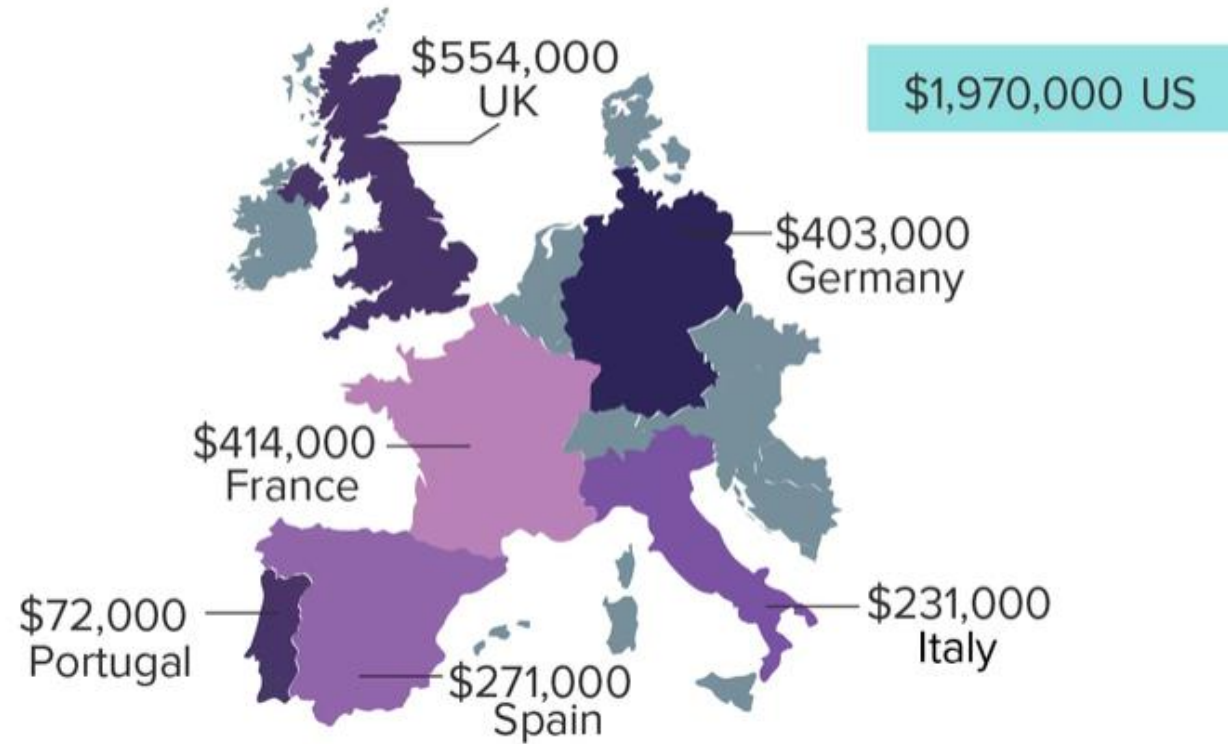
Physicians Compensation Across Atlantic

- 2x Germany
- 3x UK



Physicians Net Worth

Physician Net Worth, US vs Europe

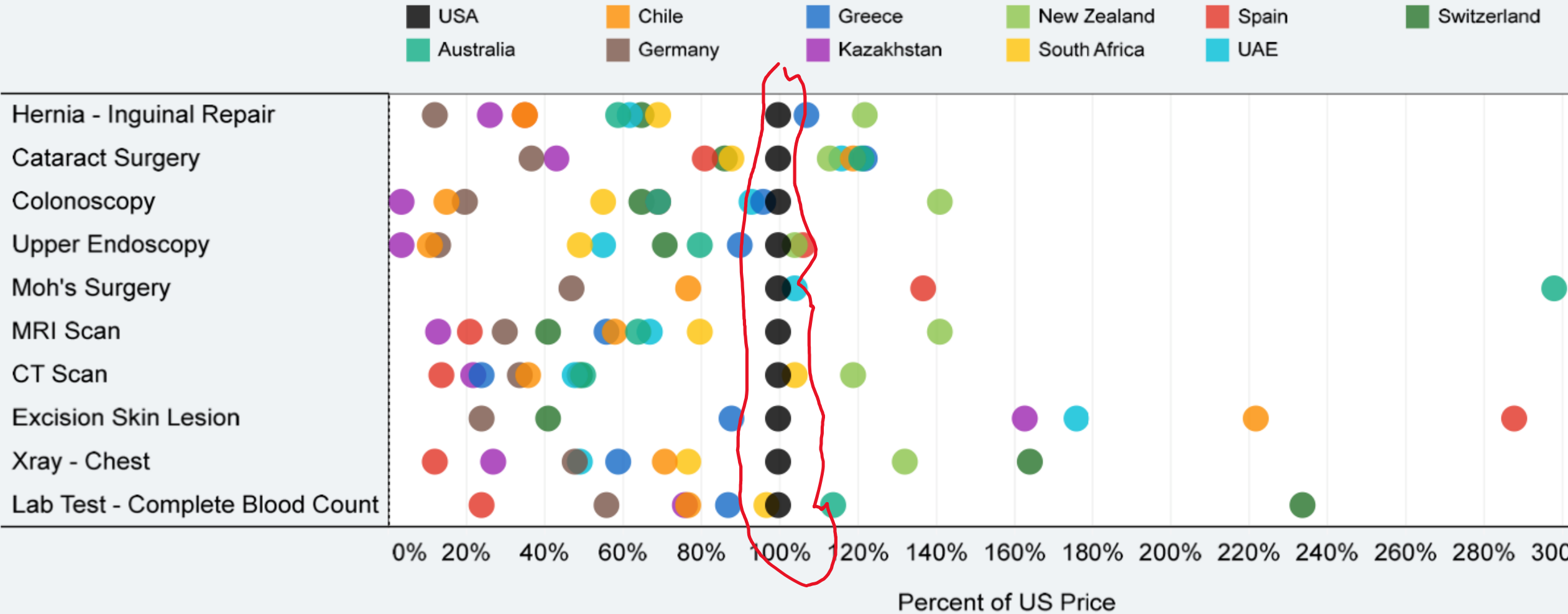


Hospitals

31% of Healthcare
Cost

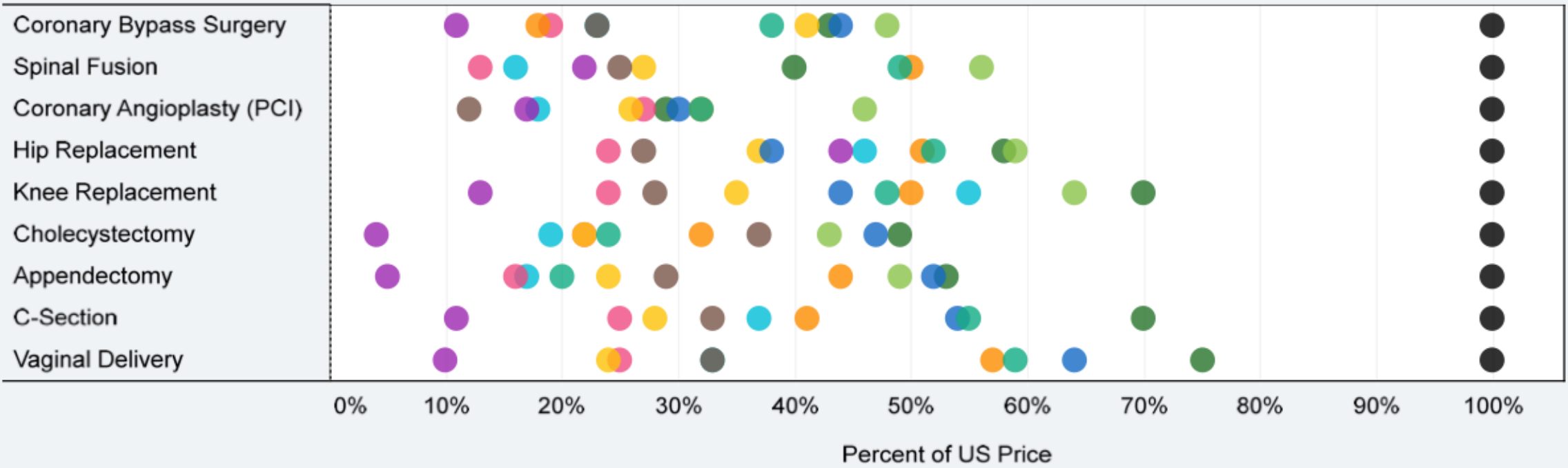
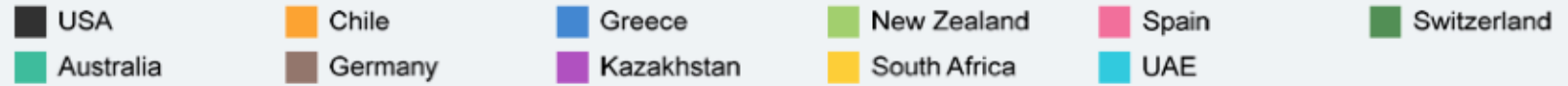


Outpatient/Office Procedures - Percent of US Prices in 2019

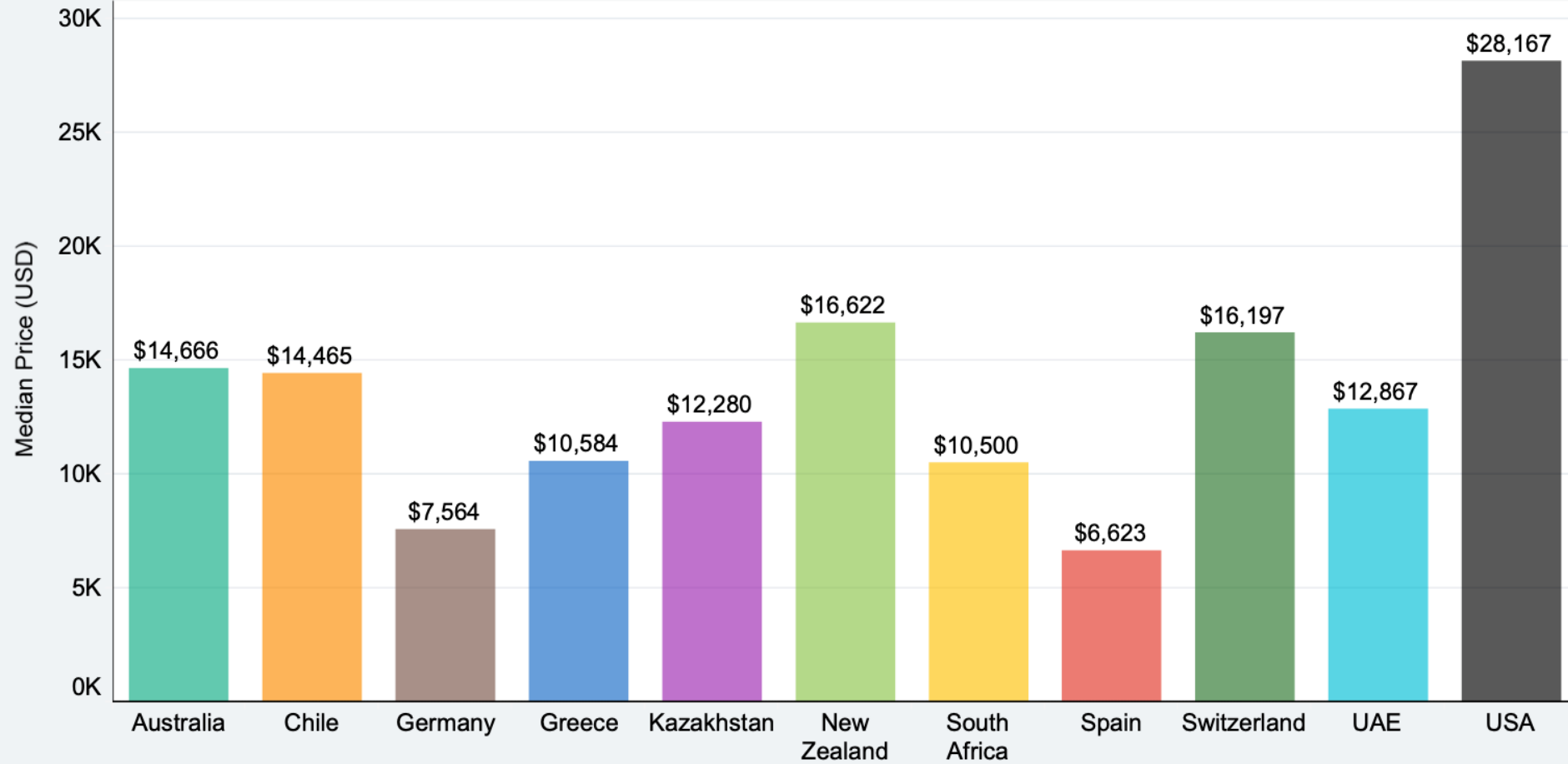


The picture shows signs of shifting since our last report, when US costs significantly outstripped other countries' costs in all but one category (cataract). In 2019, US data trends much more towards the middle.

Inpatient Admissions - Percent of US Prices in 2019



Hip Replacement

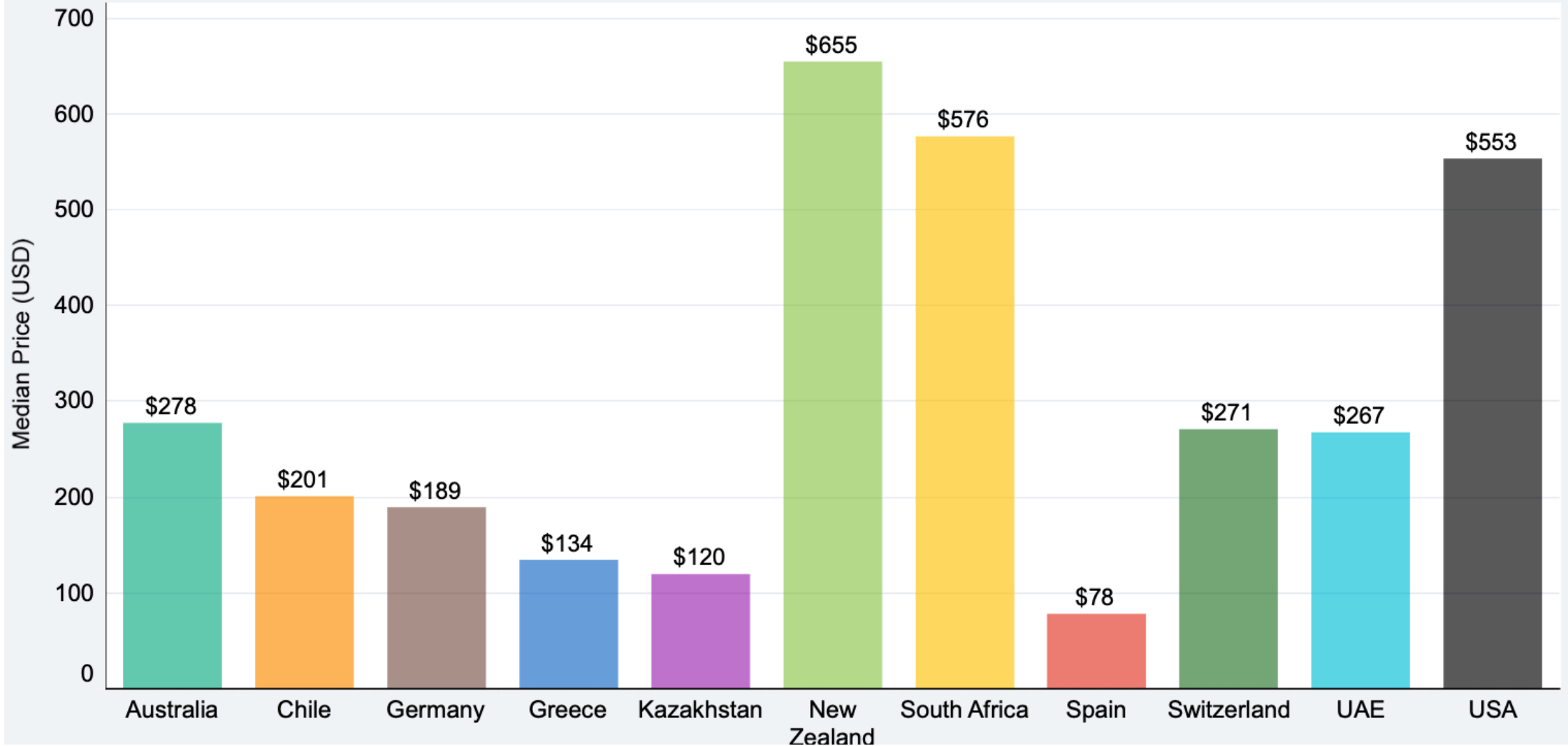


Definition used: Hip joint replacement without complications, with overnight hospital admission (uni), replacement of right hip joint with ceramic on polyethylene synthetic substitute, uncemented, open approach. Note that the number of hospital days covered by insurers ranges from 14 days to 3 days. These figures represent median costs of this procedure.



Outpatient/Office

CT Scan

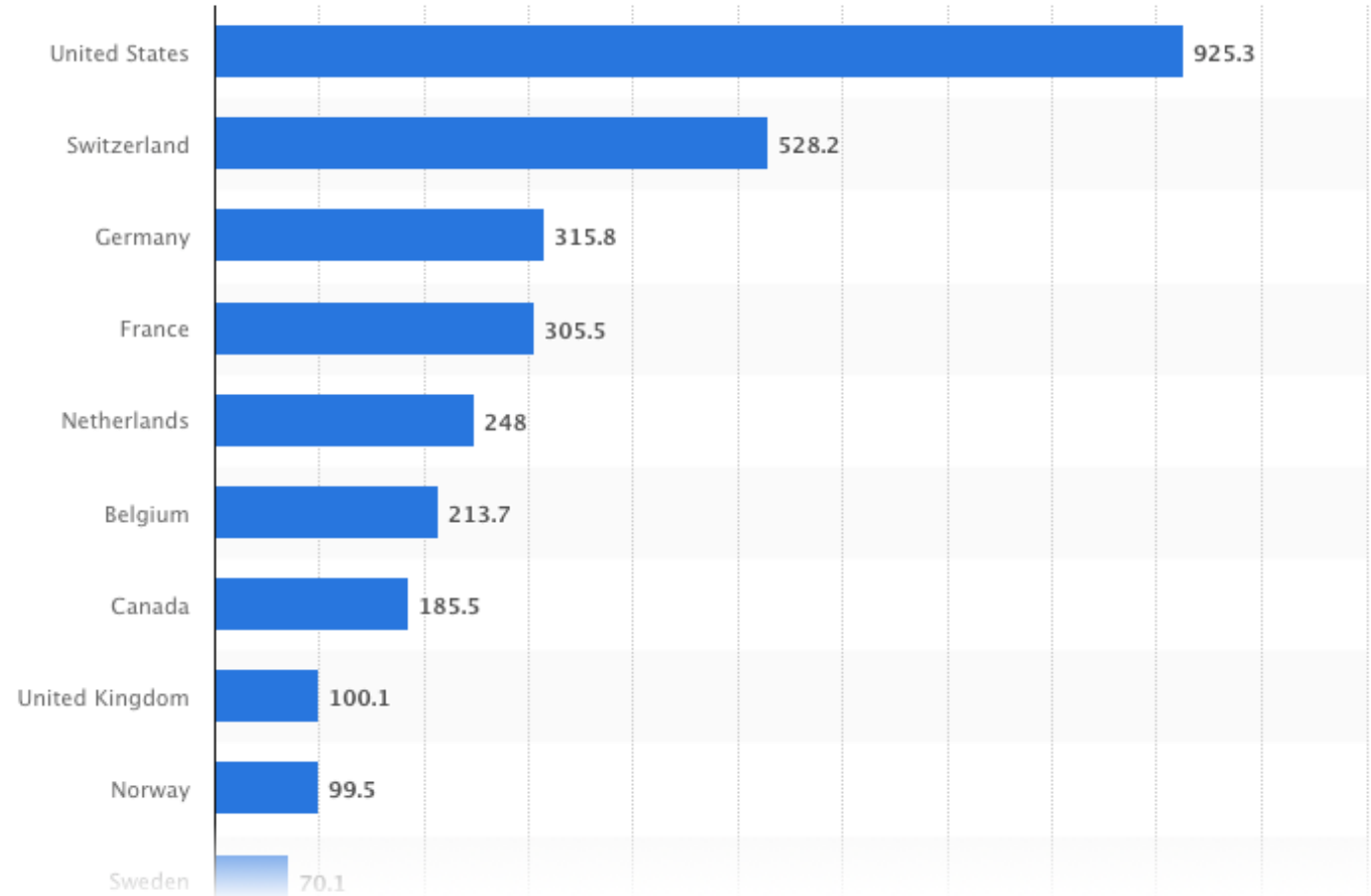


Administrative Costs

9% vs. 3.6% OECD

Per capita expenditure on governance and health system and financing administration in select high-income countries in 2021 (*in U.S. dollars*)

Source: Statista



Comparative price level indices are the ratios of purchasing power parities to market exchange rates. At the level of GDP, comparative price levels provide a measure of the differences in the general price levels of countries. This indicator is measured as an index.

Latest publication

OECD Economic Outlook

PUBLICATION (2023)

Indicators

Inflation (CPI)

Inflation forecast

Producer price indices (PPI)

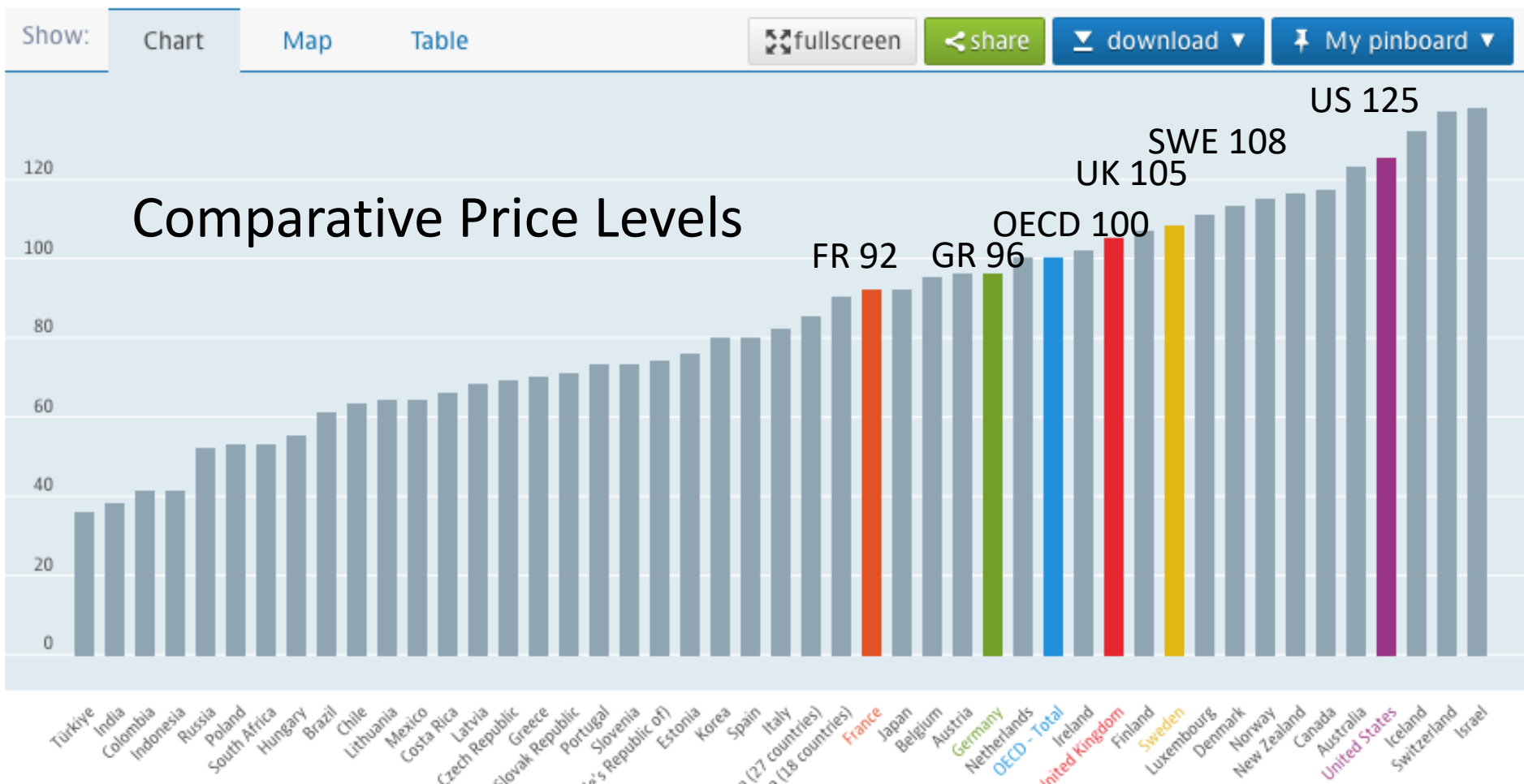
Price level indices

Housing prices

Share prices

Price level indices Total, OECD=100, 2022 or latest available

Source: Prices: Comparative price levels



We have 2 Problems in Healthcare that we must first face prior to Healthcare Reform

1. Moral and ethical question of universal coverage
2. Prices
 - Care delivery
 - Administrative costs and complexity

And continue to work on:

1. Movement to Value-Based Care models
2. Improving the clinical aspects of healthcare

Health Reform for a Kinder America

“The issue of universal coverage is not a matter of economics. Little more than 1 percent of GDP assigned to health could cover it all. It is a matter of soul.”

- Ewe Reinhart

Uwe Reinhardt was a professor of political economy at Princeton University and held several positions in the healthcare industry. Reinhardt was a prominent scholar in healthcare economics and a frequent speaker and author.

Knowing is not enough; we must apply. Willing is not enough; we must do.

-Johann Wolfgang von Goethe

Johann Wolfgang Goethe was a German poet, playwright, novelist, scientist, statesman, theatre director, and critic.

Health Reform for a Kinder America

- Universal Essential Care for all
 - Auto enrolled
 - Defining really “essential care”
 - Zero payments
 - No copays or deductibles
 - Set national budgets
 - Fewer issues with medical debt
- Upgrades available to purchase on your own
- Continue with the current delivery system
 - Improvements VBC
 - Reduced admin for complex eligibilities of all different plans
- Medicare is a model
 - Traditional Medicare
 - Medigap
 - Medicare Advantage
 - Employer wrap around



Discussion

Course Objectives



Understand the complexities of:

U.S. Healthcare System

Medical Industrial
Complex

Business Models

Government Role



Empower YOU



Encourage critical thinking.