

### Healthcare, Inc.

Steve Lindstrom: OLLI Fall Course 2023

**Class 6: Future Trends** 

## Sectors of Focus

Orchestrators

Integrators

Platforms/ Solutions

#### Pivotal Issues for the Future

- Confronting affordability and disrupting cost
- Administrative simplification
- Care delivery transformation
- Clinical productivity
- Digitizing healthcare
- Attracting and retaining customers
- Rethinking risk
- Solving clinical workforce shortages
- Delivering value

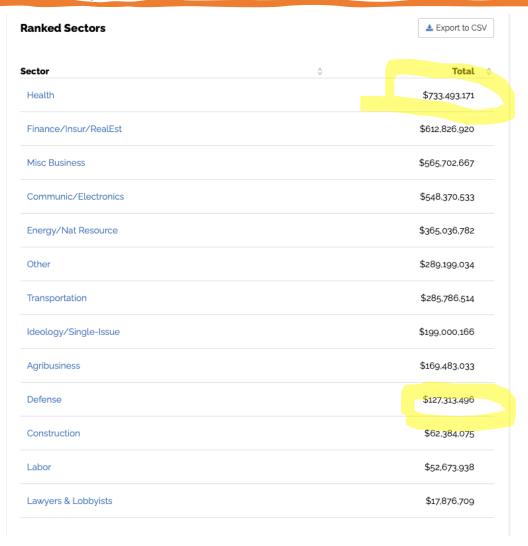
### **Driving Disruption**

- Problems with continuing growth in cost may be solved by government intervention – not the healthcare industry
  - Government plans
  - Employer
  - Consumer



## Barrier to Change Lobbying Healthcare is #1

Source: Opensecrets.org based on data from the Senate Office of Public Records. Data



5x Defense!

### CMMI Plan for the future

Drive Accountable Care
Advance Health Equity
Support Innovation
Address Affordability
Partner to Achieve System
Transformation



Figure 1. CMS Innovation Center Vision and 5 **Strategic Objectives** for Advancing System Transformation.

Driving Health System Transformation - A Strategy for the CMS Innovation Center's Second Decade

### Disrupters Amazon

- 2020 Amazon Pharmacy
  - Full-service pharmacy, online, transparent pricing, easy refills, savings for Prime members
  - RxPass \$5/ mo. Flat fee access large list of Rx for common conditions as much as they need
- Primary Care Acquisition of One Medical
  - Patient-focused experience
  - Digital app for appointments and patient/physician communication
  - Same day appointments
  - Relationships with local specialists and hospitals for purchasing
- Amazon Clinic asynchronous message=based care
  - 34 states now going to 50
  - Complete a message, send to doc, and get a message back
  - Video calls all 50 states
  - Exploiting unmet consumer and provider needs
  - Testing the waters to see what will work
  - Outsourcing to 4 digital start-ups
  - Outside of insurance direct pay
  - Amazon Dx on-demand in-home tests.
  - Disease management
  - AWS Healthcare Accelerator start-ups –patient engagement and streamline clinical workfows

### Disrupters Apple

- Empowering users on a personal health journey
  - All health data in one place
  - Intelligent guardian for user's health
  - Features to improve everyday health and fitness
  - Fueling innovative third-party health and fitness apps
- Supporting the health ecosystem by collaborating with the medical community
  - Equipping researchers to make new scientific discoveries
  - Strengthening the physician-patient relationship with meaningful data
  - Health organizations promoting healthy lifestyles with Apple Watch
  - Supporting public health initiatives

- iPhone and Watch
  - 17 areas of fitness
  - 150+ types of health data can be stored
  - 800+ institutions offering health records on iPhone
  - Third-party developers working on new ways to use and integrate
- Principles for health
  - Scientifically based
  - Privacy assured

## Disrupters United Health Group

- Expanding data and analytics to simplify back-end operations
- Mental health more accessible
- Care coordination Patients and physicians
- High tech for remote patient monitoring
- Value based care support
- Facilitating virtual care and care outside traditional places

#### Disrupters Walmart

- Leveraging pharmacy as front door to primary care
- Leverage footprint
  - 5,000 stores many in underserved areas
  - Adding freestanding health centers
  - Acquire telehealth company
  - Access to clinical research
- Long term partnerships
  - United Health Group VBC among Walmart physicians
  - Epic EHR company patient communications
- New management team with the sole focus on health

# Disrupters Google/Alphabet

- Google/Alphabet
  - Partnership with Microsoft on Medical Al
  - Partnership with Mayo Clinic
  - Faster systems
  - Al for pharma assists in new drug development "Synthetic Health records" Big Data
  - Hardware for POS

### Disrupters Retail

### Exploit current footprint

- CVS
- Walmart
- Target
- Costco
- Walgreens
- Grocers

#### Strategy

- Integrated care delivery
- Primary and home care delivery models
- Take advantage of current traffic patterns
- Brand extension
- More revenue/sq ft of space
- Allocate space
- Pharmacy
- Delivery Capabilities



# Disrupters Startup Health

- Founded in 2011
- Empowered 1,000 founders
  - 29 countries
  - 500 startups
- Joined forces with industry
- Health Innovation leading media brand
- Startup University to train innovators
- Moonshot events
- \$5 billion in funding secured for participants

# Top 10,000 Health Care Startups

- Intense development
- Sources of Capital
  - Venture Capital
  - Accelerator
  - Incubator
  - Equity Firm



Advanced >





#### Health Care Startups (Top 10K)

Summary

#### Overview

0%

Number of Organizations Industries 9,714 Health Care

Industry Groups CB Rank (Hub)
Health Care 9,911

Number of Founders Average Founded Date

16,023 Dec 23, 2015

Percentage Non-Profit Number of For-Profit Companies

9,658

Number of Non-profit Companies Top Investor Types

32 Venture Capital, Accelerator, Incubato

**Equity Firm** 

Top Funding Types Seed, Series A, Series B, Pre-Seed, Grant

The top 10,000 startups in the health care space, by Crunchbase rank.

This list of startups in the health care space provides data on their funding history, investment activit trends. Insights about top trending companies, startups, investments and M&A activities, notable inv companies, their management team,...



### Summary

Large complex global organizations committing people and capital	VBC
	Taking out waste
	Innovating new business models
	Collaborations with care delivery
	Willing to make big bets and fail
Thousands of start-ups	Well funded
	Smart
	No need to transition to a new model with fear of cannibalization of the current
Hospitals and Physician groups	Consolidating
	Able to change?
	Low profit margins
	Heavy regulation
	Government cost-cutting on the horizon
Labbying is significant to maintain	ning own position
Lobbying is significant to maintain	