Using on a four-step model called LARA (Listen • Acknowledge/Affirm • Respond • Add Information), this workshop assists those of us who sometimes find it difficult to listen and respond effectively when we profoundly disagree with colleagues. The goal of this model is to increase our capacity to create and/or maintain a positive relationship across differences in experience and in perspectives.

Targeted at instructor-student interactions, “Hang in There and be Tough” is a workshop designed for instructors interested in focusing on nuanced classroom climate issues. It stimulates discussion about the effect of identity abrasions (created by well-intentioned faculty/instructors) on students’ individual self-esteem and academic performance.