



Osher Lifelong Learning Institute
at Vanderbilt University



VANDERBILT
UNIVERSITY

Register online at vanderbilt.edu/olli

SUMMER 2015



Osher Lifelong Learning Institute at Vanderbilt University supports lifelong learning through educational programs, stimulating tours and trips, and a variety of social events for older adults. The program reflects the high academic standards espoused by Vanderbilt University on all levels. By offering noncredit courses, the program allows students to benefit from the stimulus of lectures and discussions in an informal and relaxed environment. The student body is a cohesive group that projects a true sense of community, always welcoming new members.

The Division of Public Affairs sponsors the Osher Lifelong Learning Institute at Vanderbilt.

Summer Term

The Osher Lifelong Learning Institute at Vanderbilt is excited to offer our members summer term classes! Each class is priced individually with limited enrollment to offer a more intimate class setting for our members. Please note that our summer registration deadline is May 22, and enrollment and payments can also be made online at vanderbilt.edu/olli. We will resume our usual format of classes for the academic year beginning in the fall.

Please direct inquiries to:

Norma Clippard, Director

Osher Lifelong Learning Institute at Vanderbilt

Phone: (615) 322-5569; Cell: (615) 364-1331;

Fax: (615) 343-1145

Email: norma.clippard@vanderbilt.edu

or

Richard C. Hohman, President

1004 Lexington Drive

Brentwood, TN 37027

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For further information,

visit our website at vanderbilt.edu/olli

“Great program!
Coordinators do an
exceptional job!”

Osher Lifelong Learning Institute at Vanderbilt is updating its mailing list. Please check your name and address and call (615) 343-0700 with any corrections or email us at oshervu@vanderbilt.edu. Also, if you are no longer interested in receiving our catalog, please let us know and we will remove you from our mailing list.

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Friends of **olli** at Vanderbilt

It is our hope at the Osher Lifelong Learning Institute at Vanderbilt that this program continues to grow and enrich the lives of adults for many years to come. Monetary contributions are part of what ensures that the program will last and that it will continue to be affordable and accessible to all. Your gift to OLLI at Vanderbilt will enhance the lifelong learning experience not only for those currently involved in the program but for future generations as well. You can support lifelong learning by completing the form below or you may visit vanderbilt.edu/giveonline, fill in the amount you would like to give, and click the Continue button.



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Please mail check made payable to
Osher Lifelong Learning Institute at Vanderbilt
PMB 407727
2301 Vanderbilt Place
Nashville, TN 37240-7727

*Please note the above address is for gifts only and registrations should not be mailed to this address.

For additional information about other methods of payment, please visit giving.vanderbilt.edu and click "Ways to Give."

If you are interested in receiving additional information on Planned Giving, please check here: _____.

Your contribution is truly appreciated.

Gifts are tax deductible to the extent allowed by law. A receipt will be mailed to you.

Thank you!

Summer 2015 Schedule of Classes

June 1–July 29, 2015

MONDAYS

June 1, 8, 15

Location: Scarritt-Bennett,
1008 19th Ave. South

Parking directions will be
mailed with confirmation.

9:30–11:30 a.m.

Exploring the Nashville Soundscape

Robert Fry, *Senior Lecturer, Blair School of Music, Vanderbilt University*

This course will take an experiential approach to exploring Nashville's rich and diverse musical history. Sessions will include discussions of important musical genres, artists, and pieces. These discussions will be reinforced through in-course listening, and brought to life through a class trip on Wednesday, June 17 (time to be determined), with onsite lectures at several of Nashville's most famous musical landmarks—Country Music Hall of Fame, RCA Studio B Tour, and the Ryman Auditorium.

TUESDAYS

June 2, 9, 16, 23, 30

Location: Alumni Hall 206,
Vanderbilt University

Parking instructions will be
mailed with confirmation.

3:30–4:45 p.m.

English Country Dancing

Susan Kevra, *Senior Lecturer, Department of French and Italian, Vanderbilt University*

Jane Austen wrote of the "felicities of rapid motion," a reference to the English Country dances she loved. These relatively simple dances, danced in lines or circles with a partner, involve lovely symmetrical patterns, put to elegant and playful fiddle music, with an emphasis on the social nature of dance. Professor Kevra, who taught Osher's American Social History through Dance, will teach this hands-on workshop for those wanting to dance. No experience or partner is necessary, but students should be in relatively good shape; you will be on your feet and moving for the full 75 minutes. *This class will be limited to 32.*

“Thank you! This course was extraordinary!”

WEDNESDAY, THURSDAY, AND FRIDAY

June 3, 4, 5

Location: Scarritt-Bennett,
1008 19th Ave. South

Parking instructions will be
mailed with confirmation.

9:30–11:30 a.m.

African-American Art History

Lealan N. Swanson, *Professor of Art
History (retired), Jackson State University*

This course explores background aspects of African cultures to emphasize the achievements of African-American artists in a historic context. African-American art is presented here in a historical context to expand awareness of cultures, acquire comprehension of the interrelatedness of ideas, and to explore some social and political dimensions of this unique vein of American art. From the period of slavery through the Great Migration, the Jazz Era through World War II, the Civil Rights Movement, and into the twenty-first century, the essential question is: “What does it mean to be an African-American visual artist?” Presented in two illustrated lectures on the historical context of developments, the highlight of the course is a guided tour of the important collections held by Fisk University. Suggested reading: Patton, Sharon F. *African-American Art (Oxford History of Art Series)*. Oxford and New York: Oxford University Press, 1998. Combining sound scholarship and good illustrations, this readable text is an important step in interpreting the history of a complex subject at an early stage of its development. This book may be purchased through *Amazon.com*.

Please note: June 5 session will meet at Fisk University for art gallery tours beginning at 10:00 a.m.

SUNDAYS

June 14, 21, 28;

July 5, 12, 19, 26

Location: Blair School of Music,
2400 Blakemore Ave.

Complimentary parking will be
provided in the garage across
from Blair School of Music.

1:00–2:30 p.m.

Osher Steel Drum Band

Mat Britain, *Director of the Vanderbilt
Steel Band Program*

Take a weekly musical “Cruise to the Islands” by joining the Osher Steel Drum Band! No musical experience is needed to join this very hands-on class. If you like island music—like Harry Belafonte, Jimmy Buffett, Bob Marley, calypso, and reggae—this class is for you. The amazing history and construction of the steel drums will be presented through mini-lectures sprinkled throughout the classes. Listening and video examples of calypso music as well as discussions of Trinidad culture past and present will give you a taste of the Caribbean and an understanding of how the steel band art form developed. The instruments are made up of melody, upper harmony, lower harmony, and bass steel drums (much like a choir). Students will be placed according to their desire to learn a particular instrument and their individual strengths.

This class will be limited to 13.

TUESDAYS AND THURSDAYS

June 16, 18, 23, 25, 30; July 2

Location: Scarritt-Bennett,
1008 19th Ave. South

Parking instructions will be
mailed with confirmation.

9:30–11:30 a.m.

Genealogy: Adding DNA Testing

Dave Dowell, *Genetic Genealogist and
Retired Academic Librarian*

Information recorded in our DNA has the possibility of confirming or refuting family history assembled from traditional documents such as vital records, census records, property records, probate files, oral history, etc. It can also point us in new directions that allow us to move beyond “brick walls” that have stifled our traditional research. What is genetic genealogy? Should you DNA test? How do we balance technological possibilities with human values? Which ancestors can send us family history information through our DNA? How do four different patterns of DNA inheritance affect your research? How can you interpret your test results? What strategies can you employ? Content of the course is based on the instructor’s book *NextGen Genealogy: The DNA Connection* (2015). No prior knowledge of genetics or DNA is required. Some experience with traditional genealogy would be helpful but is not required.

MONDAY–FRIDAY

June 22, 23, 24, 25, 26

Location: Stambaugh House
Faculty Apartment, The Martha
Rivers Ingram Commons,
Vanderbilt University

Parking instructions will be
mailed with confirmation.

1:30–3:30 p.m.

Cooking with Soul Food Love!

Alice Randall, *Writer in Residence in
African American and Diaspora Studies,
Vanderbilt University, Co-author,
Soul Food Love*

Caroline Randall Williams, *Co-author,
Soul Food Love*

Mother-daughter duo Alice Randall and Caroline Randall Williams will teach you to put health and history on a tasty Southern plate when you learn to cook these easy, flavorful, healthy, inexpensive but all too often overlooked Southern dishes. In addition to learning new health-conscious recipes in this cooking workshop, you will also enhance your knowledge of Nashville food ways, African-American food ways, Southern food ways, and perhaps most importantly your family food ways. Participants will be encouraged to do a little research into their own family kitchen trees as the week progresses and will have opportunity to do a bit of food-related writing. Students will actively take part in the actual cooking and taste the results of our labor. Recommended reading: *Soul Food Love*.

This class will be limited to 12.

“We are new to Osher and love it!”

WEDNESDAYS

June 24; July 1, 8, 22, 29

Location: Scarritt-Bennett,
1008 19th Ave. South

Parking instructions will be
mailed with confirmation.

9:30–11:00 a.m.

Design through the Ages

John Bridges, *Historian and
Product Designer*

The car you drive, the home you live in, even the vessel that holds your morning cup of joe were all once the vision of a skilled designer, architect, or artist. Even though the types of transportation, dwellings, and household products have changed greatly over the years, there is always a common thread that links the designs from antiquity all the way to the present. We instinctively know good design when we see it. Form and function are in perfect balance. Using photos and explanation, we will show examples of significant designs from ancient Egypt, Greece, and Rome. European contributions will include discussions of such styles as Rococo, Bauhaus, Art Nouveau and finally the very popular style of the 1920s and '30s we now call Art Deco. In the final weeks of this class, we will show how previous design influences have affected our lives here in America.

MONDAYS

June 29; July 6, 13, 20

Location: Scarritt-Bennett,
1008 19th Ave. South

Parking instructions will be
mailed with confirmation.

9:30–11:30 a.m.

Enriching Life: A Guide to Extraordinary Living

Carlene Robinson, *Trainer and Facilitator*

Changing the way the world works sounds daunting. Learning and putting into practice a different way of communicating based on the lifework of Marshall Rosenberg, Ph.D., founder of the Center for Nonviolent Communication, helps liberate us from ancient patterns of verbal violence so subtle it's not easily recognized as violent. This way of listening to ourselves and others is a simple yet powerful methodology for communicating in a way that meets both parties' needs. It can change the quality of your life with your spouse, your children, your grandchildren, your neighbors, your coworkers, and everyone else you interact with. It becomes the guide and consciousness to an extraordinary relationship with ourselves and with others. In this course, participants will explore some of the principles and key distinctions underlying the practices of nonviolent communication that accesses our compassionate nature. Each class will invite discussion and participation that will enliven the learning into everyday application. The intention of the course is to provide learning through discovery and fun!

TUESDAYS

July 7, 14, 21, 28

Location: Williamson County
Library, 1314 Columbia Ave.,
Franklin, Tennessee

Complimentary parking
provided at the library

9:30–11:30 a.m.

Introduction to Symphony 101

Mitchell Korn, *Professor, Blair School of
Music, Vanderbilt University*

Professor Korn will lead a special OLLI series of July seminars for this summer's participants that teach his favorite "chestnuts" from his popular Symphony 101 adult class at Blair School. Focusing each class on the life, times, family, and music of a different composer and symphony for each of the four classes, Professor Korn engages his adult students in the "behind-the-scenes" listening and historical gems that bring the music and composers alive. This special series will include Brahms' Piano Concerto No. 2, Beethoven's Symphony No. 8, Mozart's Piano Concerto No. 14, and Mahler's Symphony No. 9.

“All the courses that I have taken have been excellent.”





REGISTER ONLINE AT VANDERBILT.EDU/OLLI

OLLI Summer 2015 Registration Form

DEADLINE FOR REGISTRATION: MAY 22, 2015

Name _____

Name for name tag _____

Address _____

Telephone _____

Email _____

New member Returning member

If new member, referred by _____

SUMMER 2015 COURSE REGISTRATION

- ___ A. Exploring the Nashville Soundscape \$100
- ___ B. English Country Dancing \$50
- ___ C. African-American Art History \$40
- ___ D. Osher Steel Drum Band \$100
- ___ E. Genealogy/DNA \$60
- ___ F. Cooking with Soul Food Love! \$100
- ___ G. Design through the Ages \$50
- ___ H. Enriching Life \$40
- ___ I. Introduction to Symphony 101 \$40

Mail this form with check made payable to Vanderbilt University to:

Osher Lifelong Learning
Institute at Vanderbilt
PMB 407760
2301 Vanderbilt Place
Nashville, TN 37240-7760

Detailed parking instructions
will be sent with registration
acknowledgment.

TOTAL _____

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