

COURSE: What Makes You Sick?

COURSE DESCRIPTION: This seminar will allow for exploration of the social circumstances that impact health, including socioeconomic status, race and geographic location. Using “Unnatural Causes,” the acclaimed documentary series broadcast by PBS, the class discussion will use healthcare lens to view factors contributing to health inequities. Participants will emerge from this course with a greater understanding of class, racism, and other social conditions that influence health outcomes. They will be able to engage in discussions about social, economic, and health policy solutions that impact health and wellness of communities.

COURSE OBJECTIVES: By the end of the course, the learner will be able to:

1. Describe the nature, extent and type of health disparities in the US.
2. Describe health disparities experienced by people due to their income or SES.
3. Identify social determinants of health and other underlying factors.
4. Describe policies and actions that might reduce social and economic inequities.

TOPICAL OUTLINE AND SCHEDULE

1/20/16	<p>In Sickness and Wealth Session Objectives</p> <ol style="list-style-type: none"> 1. Explain how class status correlates with health outcomes. 2. Describe how social and economic policies have reduced health inequities in the past and in other Countries.
1/27/16	<p>When the Bough Breaks Session Objectives</p> <ol style="list-style-type: none"> 1. Describe the impact of racism and chronic stress on birth outcomes. Explain how birth outcomes are a health indicator.
2/3/16	<p>Becoming American Session Objectives</p> <ol style="list-style-type: none"> 1. Describe the difference between social support and social inclusion. 2. Explain the “immigrant paradox.”
2/10/16	<p>Bad Sugar Session Objectives</p> <ol style="list-style-type: none"> 1. Describe the effect of poverty, oppression, and chronic stress on diabetes susceptibility. 2. Describe how community self-determination can be a health promoter.
2/17/16	<p>Place Matters Session Objectives</p> <ol style="list-style-type: none"> 1. Describe how built space and social environment affect residents’ health, 2. Describe the impact of neighborhood conditions on health
2/24/16	<p>Collateral Damage Session Objectives</p> <p>Describe the impact of globalization on poverty, hope, and health.</p> <ol style="list-style-type: none"> 1. Describe the ripple effect of job loss and unemployment on community health.